

# MESSAGE DISCUSSION QUESTIONS

Questions to dig deeper into this week's topic

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## THE RECIPE FOR NO REGRETS

MAY 4, 2025 | NO OVERWHELM

1. Think about the definition of a good “colleague”: someone you work alongside who is competent and relationally oriented.” Take a few moments and write down any people in your life who fit into this category. What is it about them that makes you consider them to be a good colleague?
2. Read Galatians 2:1-10, where Paul relates his own “career journey” as an apostle of Jesus. What kind of relationship did he describe having with Peter, James, and John, the “pillars” of early Christian leadership?
3. Paul knew he was called by Jesus directly, and didn’t technically need the approval of Peter, James, and John. What benefit did the early church receive because of their willingness to collaborate anyway?
4. Look again at your list of colleagues in life. (Remember this doesn’t just have to be in an official workplace; it can be fellow parents or volunteers.) In what ways do they help/support your goals? In what ways do you help/support their goals in return?
5. Who is someone in your life—who is NOT currently on your list—whom you would be willing to help contribute towards their success? What concrete next step can you take to come alongside that person?