

# MESSAGE DISCUSSION QUESTIONS

Questions to dig deeper into this week's topic

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## THE RECIPE FOR NO REGRETS

MAY 11, 2025 | NO DESPAIR

1. Read the lyrics to the song that opened the message ([or listen to the song here](#)). What do these words make you feel?

*If it's bandaging the broken  
Or washing filthy feet  
Here I am Lord, send me  
If it's loving one another  
Even when we don't agree  
Here I am Lord, send me*

*If I'm poor or if I'm wealthy  
I'll serve You just the same  
Here I am Lord, send me  
On the mountain or the valley  
I will choose to praise  
Here I am Lord, send me*

*If I'm known by how I love  
Let my life reflect how much  
I love You, I love You  
And before You even ask  
Oh my answer will be yes  
'Cause I love You  
Oh I love You*

2. In Matthew 25:31-46, Jesus differentiates between Christians-in-name-only (goats) and people of sincere faith (sheep). What does he say the difference is? Does his criteria surprise you? What else would you expect him to include on his list?
3. When you look around the world and see the magnitude of need, what's your honest response to what you see? Does despair ever sink in? Under what circumstances?
4. Read Acts 6:1-7. What was the first assignment that Philip was given? If you were given such a responsibility today, would it feel like an honor to you or a slight? Be honest with yourself in answering.
5. Later on, Philip is given increased opportunities and even brings an important official to faith in Jesus (Acts 8 tells that story). Read Luke 14:7-11. What is the underlying principle that Jesus teaches here, that Philip's life embodied?
6. Dion Garrett covered three motivations we can tap into, if we'd like to become more willing to serve. Which one do you intend to lean into most this week?
  - Leverage my love
  - Believe I can make things better
  - Remember the rewards

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7. Finally, Author Stephen Covey encourages people to write the eulogy you hope someone would speak about you at your funeral, and then reverse engineer your life to make those words reality. Dion Garrett talked in the message this week about your life's highlight reel. Spend some time writing down what you want to be said about you at your funeral or what you hope to see on your life's highlight reel as you stand before Jesus. Keep working on this until you have a good draft. Then keep it before you, reading it every Sunday as a part of your sabbath experience.